

Sixty-one associational studies had a total of 171 outcomes (short-term, intermediate, or long-term), including 116 positive, 19 negative, and 36 neutral associations.

Environment and Policy Indicators

Presence of Safe Destinations
(e.g., parks and trails)

4	+	1	x	0	-
1	+	0	x	0	-

Minimal Social Disorder
(e.g., perceptions of crime, crime rate, unattended dogs)

9	+	2	x	0	-
41	+	7	x	4	-
2	+	0	x	0	-

Minimal Physical Disorder
(e.g., litter (trash, needles, cigarettes/cigars); vandalism (graffiti); abandoned cars)

2	+	0	x	0	-
8	+	5	x	6	-
1	+	0	x	0	-

General Neighborhood Safety
(e.g., parent and child perceptions of neighborhood safety, lighting along path)

1	+	1	x	0	-
6	+	5	x	1	-
37	+	14	x	8	-
3	+	1	x	0	-
1	+	0	x	0	-

Playground Use*

Trail Use*

Short-term Outcomes

Intermediate Outcomes

Long-term Outcomes

More Physical Activity

- Vigorous intensity physical activity: 1 +, 0 x, 0 -
- Moderate to vigorous physical activity: 13 +, 1 x, 1 -
- General physical activity: 26 +, 16 x, 9 -
- Meeting physical activity recommendations: 1 +, 1 x, 1 -
- Leisure time physical activity: 2 +, 0 x, 0 -
- Active transportation: 8 +, 0 x, 5 -
- Walking: 26 +, 5 x, 2 -
- Meeting walking recommendations: 2 +, 4 x, 0 -
- Walking and/or cycling: 8 +, 0 x, 0 -
- Child's play: 2 +, 0 x, 0 -

Less Sedentary Behavior

- Inactivity: 6 +, 1 x, 0 -

Less Overweight and Obesity

- Body mass index: 17 +, 7 x, 1 -

*Trail use and playground use were included as a short-term proxy for physical activity. No other short-term outcomes are not reflected in the peer-reviewed literature.

Key:

- ⊕ Positive Association
- ⊗ No Association
- ⊖ Negative Association

Figure 18B: Safety Interpersonal